

# CAROLINA JUNIORS VOLLEYBALL

## 2019-2020 Tryout Guide

### **We understand...**

Tryouts can be a very stressful time for players and parents. We do our very best as a club to make tryouts as fair and productive as possible. We know you have a choice when it comes to where you choose to commit your time and money. We also know there is only one place to receive the best volleyball experience: Carolina Juniors Volleyball!

### **Why choose CJV...**

CJV is one of the oldest and most well-respected clubs in the Southeast region. We have been growing youth volleyball since 1995. Going into our 24<sup>th</sup> year, we are proud of the legacy and reputation we have created. To name a few of our club successes: We are the ONLY Carolina Region club with a USAV National Championship, 18 current local high school and middle school coaches, in-house strength and conditioning director, in-house recruiting director, the largest dedicated volleyball facility in the Carolinas, 19 CJV-owned volleyball courts, several All-American players, several Gatorade Player of the Year awards, AVCA Coach of the Year recognition, and over 100 college commits.

When you commit to CJV, you commit to not only improving as a player but also as a young adult. We strive to create a family friendly environment that teaches important lessons of team work, commitment, loyalty, responsibility, compassion, and determination.

### **What to expect during tryouts...**

The first day of tryouts for our u14-u16 groups will be two and half hours long. This extended tryout time will allow our coaches and staff to adequately evaluate our largest tryout groups. All other tryouts will be 2 hour sessions.

Sometimes the stress of tryouts can be compounded when spectators are watching the athletes. In an effort to provide the best tryout experience possible for participants, our tryouts will be closed to all spectators.

Historically, we experience 700+ registrations for our tryouts from u12-u18. CJV operates under a time-perfected tryout system that allows the athletes to be viewed fairly. Unfortunately, not all players will be placed on a team. If this is the case, we do have several other Team and Training Program options for players to continue to work on their skills.

We will be fielding all teams for all three locations (North, South, and East) at the South Location. All levels (Regional, Semi National, National, and Elite) will tryout at the same time for each age group. We do our very best to offer players a spot on the most competitive team possible for their specific skill level.

Players will check in to tryouts and will receive a tryout shirt as well as a tryout number. This shirt must be worn BOTH days of tryouts. Players should arrive 15-30 minutes early since check in will take several minutes. Players are expected to come to both days of tryouts, however, if there is an issue, please email/call us and we will work with you.

### Team Fees and Tournament Schedules...

Please check our website for general guidelines for cost and tournament information for each National Program Level. We will provide team specific team fees and tournament schedules upon check in at tryouts.

### Training Prior to Tryouts...

We offer several opportunities for players and parents to come in and experience training at our facility. These training sessions are also great for meeting your potential coach(s) and introducing yourself. Coaches love these opportunities as well to meet all the players coming through our doors and making them feel welcome.

These training programs do require pre-registration through our website. Please check [www.CarolinaJuniors.com](http://www.CarolinaJuniors.com) under "Training Programs" for specific dates and information:

- National Level Skills Clinics (North and South Locations)
- Age Specific Open Gyms WITH Coaches (North and South Locations)
- General Juniors Open Gyms without Coaches (North and South Locations)
- Private Lessons (North and South Locations)
- Position Specific Clinics (North and South Locations)

### Tryout Informational Meetings...

Open to all who wish to attend. No registration required.

Wednesday, October 16, 7:00 PM – Granite Street Location

Thursday, October 17, 7:00 PM – Northlake Location

If you have questions about the tryout process, do not hesitate to reach out to us! We are available via email at [Office@CarolinaJuniors.com](mailto:Office@CarolinaJuniors.com) or via phone at 704-583-1444.

Thank you for choosing to tryout with Carolina Juniors and GOOD LUCK!

