

Lessons & Training Overview

Carolina Juniors Volleyball offers TEAM PROGRAMS (Travel, Local, Beach) and TRAINING PROGRAMS (Programs, Lessons, Clinics, Camps) to provide a complete range of options to learn and play volleyball. Please visit our website at CarolinaJuniors.com or call 704-583-1444 for more detailed information and to register.

PROGRAMS include our Practice & Play and Lil' Spikers Programs to introduce players of all ages to the game of volleyball with a series of classes for 8 weeks, usually on Saturday or Sunday. The Bronze Team Program also is a great introduction to volleyball, but classes are on the weekdays.

CLINICS are scheduled throughout the year and are designed to work on specific skills in one day for more than one hour with a number of players and coaches. Basic Volleyball Skills, Serving, Hitting, Passing and Pre-Tryout Clinics are some examples of the different clinics.

CAMPS are usually in the summer and are for multiple days or evenings and provide progressive learning during the week and groups of players are divided by age and skill level.

LESSONS are divided into two categories. See below for details and how to register.

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CJV Private Lessons are one-on-one sessions with a CJV Coach to work on a specific skill or technique as defined by the player. Players are allowed to bring one extra player with them to the lesson if they choose. The primary person is responsible for payments. We are unable to split payments. Private Lessons are \$65 per person.*

CJV Semi-Private Lessons are one hour sessions with one or more of our CJV Coaches for multiple players of similar skill levels wanting to improve on a specific volleyball skill such as Hitting, Blocking, Setting, Serving and Passing. Semi-Private Lessons are \$35 per person.*

**Lessons need to be booked and paid for in advance and the details of what skills the player would like to work on should be listed on the online reservation form. Based on the Skills to work on and the Playing level of the player, we will assign one of our CJV Coaches who is best suited to teach your lesson. Players wanting a "specific" CJV Coach, will need to view and select online the available lesson dates and times for your preferred coach.*

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Beginner / Intermediate Level Player: A Beginner to Intermediate Level Player is a player who has never played volleyball before up to players who have played on a CJV Local Silver Level Team, or equivalent. Semi-Private Lessons may be sub-divided into additional groups based on skill level.

Intermediate / Advanced Level Player: An Intermediate / Advanced Level Player is a player who has played volleyball on a CJV Local Gold Level Team or Travel Team, or equivalent. Semi-Private Lessons may be sub-divided into additional groups based on skill level.

View The Following Page For Information And Suggestions On How To
Navigate And Register For A LESSON On Our DASHOnline System.

LESSONS ON DASHOnline

Once you access our DASHOnline system for Lessons from our CJV Website, you will see a screen like the sample below listing ALL the Private and Semi-Private Lessons available and the number of open spots remaining for each lesson at GRANITE (South) or NORTHLAKE (North) location (depending on which link you selected from the website). Once a specific lesson is full, and CJV has processed the lesson and assigned coaches, the lesson will be removed from the online listing. Any changes to a lesson need to be handled by emailing or calling Carolina Juniors Volleyball.

You can narrow your search by ENTERING or SELECTING information on the left side of the screen, or you can SORT any of the columns of data on the right side of the screen by clicking the Up or Down arrows. To SORT more than one column, hold the Shift Key down and click the arrow for your second sort choice.

You can enter ONE parameter to search for in the “Search By Name or ID...” field. Once you have searched for a specific parameter, you can then sort the columns to the right to narrow your selection.

Sample Parameters you may want to search for:

Coaches Name (Brian, Zoe, etc)

Skill (Serving, Setting, Hitting, etc)

Level (Beginner, Intermediate, Advanced)

Sample: If want to find out if Coach Brian has any available Private or Semi-Private Lessons, ENTER “Brian” in the Search By Name field and then Sort the columns to the right for Type Of Lesson (Level), and or Sort By Day of Week, Date, Time, etc.

Sample: If want to view the available lessons for just Monday or Wednesday, after 3:30 PM and for Setting, Enter “Setting” in the Search By Name field and click the M and W boxes for Day of the Week and click Evening: 3:30 - close for Time of Day.

Program Search

Show 50 entries

SHIFT + Click to sort by multiple columns

	Name	Level	Day Of Week	Date	Time
Register	Brian - SETTING - Beginner / Intermediate CJV - TRAINING - Lessons - Granite, Volleyball @ Granite - LESSONS	GRANITE - Semi-Private Lessons	Wed	06/09/2021	06:30pm
4 open					
Register	Brian - PRIVATE - Intermediate / Advanced CJV - TRAINING - Lessons - Granite, Volleyball @ Granite - Courts 1-3	GRANITE - Private Lessons	Wed	06/16/2021	04:30pm
1 open					
Register	Brian - DEFENSE - Intermediate / Advanced CJV - TRAINING - Lessons - Granite, Volleyball @ Granite - Courts 1-3	GRANITE - Semi-Private Lessons	Thu	06/17/2021	05:30pm
4 open					
Register	Brian - PRIVATE - Any Level CJV - TRAINING - Lessons - Granite, Volleyball @ Granite - Courts 1-3	GRANITE - Private Lessons	Thu	06/17/2021	05:30pm
1 open					